



**Spiritual Direction
Network**

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www.soulfriend.org.uk

Food for the Soul

A workshop open to all

Date: Thursday 19th October 2017, 10.30-4.00pm

Venue: Christ Church, Chapel Road,
Flackwell Heath, Bucks HP10 9AA

Leader: The Revd Daniel Munoz

John of the Cross

Insights on Spiritual Formation

About the day:

A day of exploration and learning on spiritual formation based on the teachings and wisdom of John of the Cross and other contemporary Christian mystics. There will be a particular reference to spiritual development, forms of prayer and blockages to prayer, as well as to creative ways of approaching spiritual direction.

About the leader:

Daniel Munoz is an Anglican priest currently directing the Los Olivos retreat centre in Spain. He is a visiting lecturer at Sarum College, an advisor on Christian spirituality in the Diocese of Oxford, and author of "Transformed by the Beloved: a guide to spiritual formation with St John of the Cross" (BRF, 2014).

SpiDir workshops are set up to give you opportunities to explore and develop your inner life. Our hope is that they will be Food for the Soul – refreshing, inspiring, supporting and encouraging.

This workshop is open to all

- Tea, coffee etc. available from 10 am
- Please bring your own lunch
- Contribution towards costs: £33
- Directions – please see website www.ccfh.org.uk
- Parking available
- Further details from Mieke Gaynor
email: mieke.gaynor@btopenworld.com or 'phone: 01628 487012

Booking details

- Bookings open on 27th July 2017. Please use the Eventbrite link <https://spidir-john-of-the-cross.eventbrite.co.uk> If you are not able to book on line, please send your application with a cheque for £33 as a contribution towards costs (payable to SpiDir Network) to Jeni Hobbs – see below.

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I would like to attend the Spiritual Direction Network Day – **John of the Cross: Insights on Spiritual Formation** on Thursday 19th October 2017 at Christ Church, Flackwell Heath.

I enclose a cheque for £33 made payable to SpiDir Network

- If you wish to claim a CMD grant please contact Sheila Townsend on 01865 208277 or sheila.townsend@oxford.anglican.org, then when approved, book via Jeni Hobbs, not via Eventbrite.
- Bookings by this method can only be accepted if accompanied by payment or a CMD grant funding which has been approved.

Name:

Address:

Email:

Phone:

Please add my details to the Oxford Spiritual Direction Network mailing list for news and forthcoming events Yes/No

Return to: Jeni Hobbs, Church House Oxford, Langford Locks, Kidlington, Oxford OX5 1GF

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